

# Northwest Louisiana Consortium

## April 2025



Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
 <p><b>TRIO</b> Community Meals</p> <p>Nourishment through compassionate care.</p>	Chicken Alfredo Fettuccini Noodles Brussels Sprouts Glazed Carrots Wheat Bread Tropical Fruit Milk Margarine	Sausage & Pinto Beans Steamed Rice Cabbage Apple Juice Cornbread Muffin Rocky Road Pudding Milk Margarine	Pork Tips with Gravy Buttermilk Potatoes Green Peas Texas Bread Oatmeal Cookie Milk Margarine	Savory Baked Chicken Black-eyed Peas Broccoli Florets Wheat Bread Rice Krispie Treat Milk Margarine
7	8	9	10	11
Swiss Steak Whole Kernel Corn Broccoli Florets Dinner Roll Seasonal Fruit Milk Margarine	Pork Tips with Gravy Steamed Rice Spinach Cranberry Juice Cornbread Muffin Vanilla Pudding Milk Margarine	Oven Fried Chicken Northern Beans Parslied Carrots Wheat Bread Seasonal Fruit Milk Margarine	Sloppy Joe Rosemary Potatoes Green Beans w/Peppers Hamburger Bun Carnival Cookie Milk	BBQ Rib Patty Baked Sweet Potato Cauliflower Wheat Bread Rice Krispie Treat Milk Margarine
14	15	16	17	18
Baked Chicken Breast Poultry Gravy Garlic Whipped Potatoes Glazed Carrots Wheat Bread Seasonal Fruit Milk Margarine	Sausage Jambalaya Mixed Beans Cabbage White Bread Cinnamon Applesauce Milk Margarine	All Beef Patty Lettuce   Tomato Baked Beans Hamburger Bun Mixed Fruit Cobbler Milk Mustard	<i>~Easter Meal~</i> Glazed Ham Whipped Sweet Potatoes Herbed Green Peas Wheat Bread Sugar Cookie Milk Margarine	<b>Closed for Holiday</b>
21	22	23	24	25
Grandma's Chicken & Rice Mixed Vegetables Cauliflower White Bread Seasonal Fruit Milk Margarine	Honey Glazed Ham Baked Sweet Potato Collard Greens Cornbread Muffin Banana Moon Pie Milk Margarine	Spaghetti Casserole Italian Vegetables Herbed Green Peas Garlic Texas Bread Seasonal Fruit Milk	Chicken Mozzarella Glazed Carrots Broccoli Texas Bread Chocolate Chip Cookie Milk	BBQ Meatballs Parslied Potatoes Brussels Sprouts Hot Dog Bun Birthday Cake Milk
28	29	30		
Country Fried Steak Country Gravy Ranch Potatoes Green Peas Wheat Bread Seasonal Fruit Milk Margarine	Chicken Etouffee Steamed Rice Spiced Carrots Cranberry Juice White Bread Mississippi Mud Pudding Milk Margarine	All Beef Patty Lettuce   Tomato Baked Beans Hamburger Bun Tropical Fruit Crisp Milk Mustard		

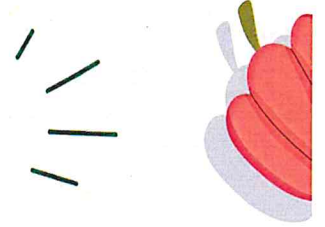
*Kim Dommert RD, LD*

Kim Dommert, RD, LD



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## May 2025



Monday	Tuesday	Wednesday	Thursday	Friday
 Nourishment through compassionate care.			1	2
			Pork Roast Brown Gravy Mixed Beans Collard Greens Cornbread Muffin Cinnamon Sugar Cookie Milk Margarine	Savory Baked Chicken Parmesan Tomatoes Broccoli Florets Wheat Bread Graham Crackers Milk Margarine
5	6	7	8	9
Hamburger Steak Mushroom Gravy Cheesy Whipped Potatoes Green Beans Wheat Bread Seasonal Fruit Milk Margarine	Chicken & Ham Chef Salad Cucumber Salad Carrot Raisin Salad Saltine Crackers Seasonal Fruit Milk Ranch Salad Dressing	Ham and Black-eyed Peas Steamed Rice Turnip Greens Apple Juice Cornbread Muffin Seasonal Fruit Milk Margarine	<b>~Mother's Day Meal~</b> Baked Chicken Poultry Gravy Whipped Sweet Potatoes Winter Vegetables Wheat Bread Oatmeal Cookie Milk Margarine	BBQ Beef Delmonico Potatoes Hawaiian Baked Bean Hamburger Bun Fudge Creme Cookie Milk
12	13	14	15	16
Nacho Cheese Chicken Spanish Rice Zucchini w/Tomatoes Cranberry Juice Wheat Bread Seasonal Fruit Milk Margarine	BBQ Rib Patty Lima Beans Cabbage Hamburger Bun Banana Pudding w/Wafers Milk	Chicken & Sausage Gumbo Steamed Rice Okra and Tomatoes Apple Juice Saltine Crackers Seasonal Fruit Milk	Honey Baked Chicken Northern Beans Winter Vegetables Wheat Bread Sugar Cookie Milk Margarine	Smothered Meatballs Whipped Potatoes Peas and Carrots Dinner Roll Oatmeal Creme Cookie Milk Margarine
19	20	21	22	23
Swiss Steak Whole Kernel Corn Broccoli Florets Dinner Roll Seasonal Fruit Milk Margarine	Pork Tips with Gravy Steamed Rice Spinach Cranberry Juice Cornbread Muffin Vanilla Pudding Milk Margarine	Oven Fried Chicken Northern Beans Parslied Carrots Wheat Bread Seasonal Fruit Milk Margarine	<b>~Memorial Day Meal~</b> Sausage w/Onions/Peppers Crispy Cubed Potatoes Broccoli Florets Hot Dog Bun Sugar Cookie Milk Mustard	BBQ Rib Patty Baked Sweet Potato Cauliflower Wheat Bread Rice Krispie Treat Milk Margarine
26	27	28	29	30
<b>Closed for Holiday</b>	Sausage Jambalaya Mixed Beans Cabbage White Bread Cinnamon Applesauce Milk Margarine	All Beef Patty Lettuce   Tomato Baked Beans Hamburger Bun Mixed Fruit Cobbler Milk Mustard	Chicken Tenders Corn O'Brien Spring Vegetables Wheat Bread Sugar Cookie Milk Margarine Ketchup	Pork Roast Brown Gravy Hominy Broccoli Wheat Bread Birthday Cake Milk Margarine

*Kim Dommert RD, LD*

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# June 2025

# Northwest Louisiana Consortium



Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Grandma's Chicken & Rice Mixed Vegetables Cauliflower White Bread Seasonal Fruit Milk Margarine	Honey Glazed Ham Baked Sweet Potato Collard Greens Cornbread Muffin Banana Moon Pie Milk Margarine	Spaghetti Casserole Italian Vegetables Herbed Green Peas Garlic Texas Bread Seasonal Fruit Milk	Chicken Mozzarella Glazed Carrots Broccoli Texas Bread Chocolate Chip Cookie Milk	BBQ Meatballs Parslied Potatoes Brussels Sprouts Hot Dog Bun Oatmeal Creme Cookie Milk
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Country Fried Steak Country Gravy Ranch Potatoes Green Peas Wheat Bread Seasonal Fruit Milk Margarine	Chicken Etouffee Steamed Rice Spiced Carrots Cranberry Juice White Bread Mississippi Mud Pudding Milk Margarine	All Beef Patty Lettuce   Tomato Baked Beans Hamburger Bun Tropical Fruit Crisp Milk Mustard	<i>~Father's Day Meal~</i> Home Style Meatloaf Brown Gravy Buttermilk Potatoes Cabbage and Carrots Dinner Roll Cinnamon Sugar Cookie Milk Margarine	Savory Baked Chicken Parmesan Tomatoes Broccoli Florets Wheat Bread Graham Crackers Milk Margarine
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
Hamburger Steak Mushroom Gravy Cheesy Whipped Potatoes Green Beans Wheat Bread Seasonal Fruit Milk Margarine	Chicken & Ham Chef Salad Cucumber Salad Carrot Raisin Salad Saltine Crackers Seasonal Fruit Milk Ranch Salad Dressing	Ham and Black-eyed Peas Steamed Rice Turnip Greens Apple Juice Cornbread Muffin Seasonal Fruit Milk Margarine	Beef Stroganoff Corn Casserole Brussels Sprouts Wheat Bread Oatmeal Cookie Milk Margarine	BBQ Beef Delmonico Potatoes Hawaiian Baked Bean Hamburger Bun Fudge Creme Cookie Milk
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Nacho Cheese Chicken Spanish Rice Zucchini w/Tomatoes Cranberry Juice Wheat Bread Seasonal Fruit Milk Margarine	BBQ Rib Patty Lima Beans Cabbage Hamburger Bun Banana Pudding w/Wafers Milk	Chicken & Sausage Gumbo Steamed Rice Okra and Tomatoes Apple Juice Saltine Crackers Seasonal Fruit Milk	Honey Baked Chicken Northern Beans Winter Vegetables Wheat Bread Sugar Cookie Milk Margarine	Smothered Meatballs Whipped Potatoes Peas and Carrots Dinner Roll Birthday Cake Milk Margarine
<b>30</b>				
Swiss Steak Whole Kernel Corn Broccoli Florets Dinner Roll Seasonal Fruit Milk Margarine				 <p><b>TRIO</b> Community Meals</p> <p>Nourishment through compassionate care.</p>

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