

Northwest Louisiana Consortium

June 2024

Monday	Tuesday	Wednesday	Thursday	Friday
3 Country Fried Steak Country Gravy Ranch Potatoes Green Peas Wheat Bread Seasonal Fruit Milk Margarine	4 Chicken Spaghetti Dilled Carrots Cauliflower Texas Bread Rocky Road Pudding Milk Margarine	5 Beef Patty Lettuce Tomato Baked Beans Hamburger Bun Tropical Fruit Crisp Milk Mustard	6 Pork Roast Brown Gravy Mixed Beans Cabbage Cornbread Muffin Peanut Butter Cookie Milk Margarine	7 Popcorn Chicken Potato Wedges Broccoli White Bread Graham Crackers Milk Margarine Ketchup
10 Hamburger Patty Mushroom Gravy Steamed Rice Green Beans Cranberry Juice Wheat Bread Seasonal Fruit Milk Margarine	11 Fajita Chicken Pinto Beans Fiesta Vegetable Blend Flour Tortilla Fresh Orange Milk Taco Sauce	12 Ham and Black-eyed Peas Steamed Rice Turnip Greens Apple Juice Cornbread Muffin Cherry Gelatin Milk Margarine	13 <i>~Father's Day Meal~</i> Homestyle Meatloaf Brown Gravy Buttermilk Potatoes Broccoli Dinner Roll Oatmeal Cookie Milk Margarine	14 Beef Stroganoff Corn Casserole Brussels Sprouts Wheat Bread Fudge Crème Cookie Milk Margarine
17 <i>~Breakfast Meal~</i> Egg Patty Sausage Patty Hashbrown Potatoes Orange Juice Biscuit Seasonal Fruit Milk Margarine Assorted Jelly	18 Barbecue Rib Patty Lima Beans Cabbage Wheat Bread Banana Pudding w/Wafers Milk Margarine	19 Chicken/Sausage Gumbo Steamed Rice Stewed Tomatoes Apple Juice Saltine Crackers Lime Gelatin Milk	20 Honey Baked Chicken Northern Beans Winter Vegetable Blend Wheat Bread Sugar Cookie Milk Margarine	21 Swedish Meatballs Whipped Potatoes Peas and Carrots Dinner Roll Oatmeal Crème Cookie Milk Margarine
24 Swiss Steak Whole Kernel Corn Broccoli Dinner Roll Seasonal Fruit Milk Margarine	25 Sausage and White Beans Steamed Rice Turnip Greens Cranberry Juice Cornbread Muffin Vanilla Pudding Milk Margarine	26 Oven Fried Chicken Rosemary Potatoes Green Beans/Red Peppers Wheat Bread Cherry Gelatin Milk Margarine	27 Sloppy Joe Twice Whipped Potatoes Parslied Carrots Hamburger Bun Carnival Cookie Milk	28 <i>~Birthday Celebration~</i> Pineapple Glazed Ham Black-eyed Peas Cauliflower Wheat Bread Birthday Cake Milk Margarine



Nourishment through
compassionate care.

Kim Dommert RD, LD

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July 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Beef Italian Macaroni Rosemary Carrots Cauliflower Wheat Bread Seasonal Fruit Milk Margarine	Chicken Salad Lettuce Tomato Coleslaw Wheat Bread (2 sl) Butterscotch Pudding Milk	<i>~Independence Day Meal~</i> Beef Patty Lettuce Tomato Delmonico Potatoes Hamburger Bun Peach Cobbler Milk Ketchup	<i>Closed for Holiday</i>	Beef Stew Country Potatoes Green Beans Texas Bread Fudge Creme Cookie Milk Margarine
8	9	10	11	12
Beef Frank with Chili Potato Wedges Broccoli Hot Dog Bun Seasonal Fruit Milk Ketchup	Taco Meat Lettuce Tomato Shredded Cheese Pinto Beans Whole Kernel Corn Tortilla Chips Seasonal Fruit Milk Taco Sauce Sour Cream	Chicken Gumbo Buttered Rice Stewed Tomatoes Cranberry Juice Saltine Crackers Mandarin Oranges Milk	Pork Roast Brown Gravy Northern Beans Collard Greens Cornbread Muffin Chocolate Chip Cookie Milk Margarine	Spaghetti Casserole Glazed Carrots Cauliflower Texas Bread Oatmeal Creme Cookie Milk Margarine
15	16	17	18	19
Sloppy Joe Oven Roasted Potatoes Green Beans Hamburger Bun Seasonal Fruit Milk	Turkey Breast Poultry Gravy Sweet Potatoes Winter Vegetable Blend Wheat Bread Chocolate Pudding Milk Margarine	Chef Salad Cucumber Tomato Salad Green Pea Salad Saltine Crackers Seasonal Fruit Milk Ranch Salad Dressing	Homestyle Meatloaf Brown Gravy Ranch Potatoes Broccoli Wheat Bread Sugar Cookie Milk Margarine	Fajita Chicken Pinto Beans Corn O'Brien Flour Tortilla Rice Krispie Treat Milk Taco Sauce
22	23	24	25	26
Egg Patty Sausage Patty Hashbrown Potatoes Orange juice Biscuit Seasonal Fruit Milk Margarine Assorted Jelly	Shredded Barbecue Chicken Corn O'Brien Green Beans Hamburger Bun Orange Gelatin Milk	Sausage & Pinto Beans Steamed Rice Spinach Cranberry Juice Cornbread Muffin Banana Pudding w/Wafers Milk Margarine	Popcorn Chicken Roasted Sweet Potatoes Spring Vegetable Blend Wheat Bread Peanut Butter Cookie Milk Ketchup	<i>~ Birthday Celebration ~</i> Pork Roast Onion Gravy Hominy Broccoli Wheat Bread Birthday Cake Milk Margarine
29	30	31		
Country Fried Steak Country Gravy Whipped Potatoes Whole Kernel Corn Texas Bread Seasonal Fruit Milk Margarine	Glazed Ham Baked Sweet Potato Broccoli Wheat Bread Rocky Road Pudding Milk Margarine	Beef Patty Lettuce Tomato Baked Beans Hamburger Bun Mixed Fruit Cobbler Milk Ketchup	 <p>TRIO Community Meals</p> <p>Nourishment through compassionate care.</p>	

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August 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1				
 <p>Community Meals</p> <p>Nourishment through compassionate care.</p>			<p><i>~Summer Grill~</i></p> <p>Barbecue Beef Potato Wedges Cabbage Hamburger Bun Oatmeal Cookie Milk Ketchup</p>	<p>Smothered Meatballs Fiesta Vegetable Blend Cauliflower Dinner Roll Fudge Creme Cookie Milk Margarine</p>
	2			
5				
<p>King Ranch Casserole Chuckwagon Corn Parslied Carrots Wheat Bread Seasonal Fruit Milk Margarine</p>	<p>Ham & White Beans Steamed Rice Collard Greens Apple Juice Cornbread Muffin Pineapple Tidbits Milk Margarine</p>	<p>Sliced Turkey Breast Swiss Cheese Lettuce Tomato Pickle Coleslaw Wheat Bread Chocolate Coconut Pudding Milk Mayonnaise Mustard</p>	<p>Sausage w/Onions/Peppers Ranch Beans Garden Vegetable Blend Hot Dog Bun Carnival Cookie Milk Mustard</p>	<p>Beef Italiano Garlic Whipped Potatoes Green Peas Wheat Bread Graham Crackers Milk Margarine</p>
9				
12				
<p>Beef Italian Macaroni Rosemary Carrots Cauliflower Wheat Bread Seasonal Fruit Milk Margarine</p>	<p>Chicken Salad Lettuce Tomato Coleslaw Wheat Bread (2 sl) Butterscotch Pudding Milk</p>	<p>Sliced Ham Black-eyed Peas Spinach Cornbread Muffin Fruited Gelatin Milk Margarine</p>	<p>Garlic Rosemary Chicken Poultry Gravy Corn Casserole Broccoli Wheat Bread Oatmeal Cookie Milk Margarine</p>	<p>Beef Stew Country Potatoes Green Beans Texas Bread Fudge Creme Cookie Milk Margarine</p>
16				
19				
<p>Beef Frank with Chili Potato Wedges Broccoli Hot Dog Bun Seasonal Fruit Milk Ketchup</p>	<p>Taco Meat Lettuce Tomato Shredded Cheese Pinto Beans Whole Kernel Corn Tortilla Chips Seasonal Fruit Milk Taco Sauce Sour Cream</p>	<p>Chicken Gumbo Buttered Rice Stewed Tomatoes Cranberry Juice Saltine Crackers Mandarin Oranges Milk</p>	<p>Pork Roast Brown Gravy Northern Beans Collard Greens Cornbread Muffin Chocolate Chip Cookie Milk Margarine</p>	<p><i>~ Birthday Celebration ~</i></p> <p>Spaghetti Casserole Glazed Carrots Cauliflower Texas Bread Birthday Cake Milk Margarine</p>
23				
26				
<p>Sloppy Joe Oven Roasted Potatoes Green Beans Hamburger Bun Seasonal Fruit Milk</p>	<p>Turkey Breast Poultry Gravy Sweet Potatoes Winter Vegetable Blend Wheat Bread Chocolate Pudding Milk Margarine</p>	<p>Chef Salad Cucumber Tomato Salad Green Pea Salad Saltine Crackers Seasonal Fruit Milk Ranch Salad Dressing</p>	<p><i>~Labor Day Meal~</i></p> <p>Beef Frank Loaded Potatoes Ranch Beans Hot Dog Bun Peanut Butter Cookie Milk Ketchup Mustard</p>	<p>Fajita Chicken Pinto Beans Corn O'Brien Flour Tortilla Rice Krispie Treat Milk Taco Sauce</p>
30				

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Northwest Louisiana Consortium

September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Closed for Holiday	Shredded Barbecue Chicken Corn O'Brien Green Beans Hamburger Bun Orange Gelatin Milk	Sausage & Pinto Beans Steamed Rice Spinach Cranberry Juice Cornbread Muffin Banana Pudding w/Wafers Milk Margarine	Popcorn Chicken Roasted Sweet Potatoes Spring Vegetable Blend Wheat Bread Peanut Butter Cookie Milk Ketchup	Pork Roast Onion Gravy Hominy Broccoli Wheat Bread Fig Cookie Milk Margarine
9	10	11	12	13
Country Fried Steak Country Gravy Whipped Potatoes Whole Kernel Corn Texas Bread Seasonal Fruit Milk Margarine	Glazed Ham Baked Sweet Potato Broccoli Wheat Bread Rocky Road Pudding Milk Margarine	Beef Patty Lettuce Tomato Baked Beans Hamburger Bun Mixed Fruit Cobbler Milk Ketchup	Barbecue Rib Patty Tater Tot Casserole Cabbage Cornbread Muffin Oatmeal Cookie Milk Margarine	Smothered Meatballs Fiesta Vegetable Blend Cauliflower Dinner Roll Fudge Creme Cookie Milk Margarine
16	17	18	19	20
King Ranch Casserole Chuckwagon Corn Parslied Carrots Wheat Bread Seasonal Fruit Milk Margarine	Ham & White Beans Steamed Rice Collard Greens Apple Juice Cornbread Muffin Pineapple Tidbits Milk Margarine	Sliced Turkey Breast Swiss Cheese Lettuce Tomato Pickle Coleslaw Wheat Bread Chocolate Coconut Pudding Milk Mayonnaise Mustard	Sausage w/Onions/Peppers Ranch Beans Garden Vegetable Blend Hot Dog Bun Carnival Cookie Milk Mustard	Beef Italiano Garlic Whipped Potatoes Green Peas Wheat Bread Graham Crackers Milk Margarine
23	24	25	26	27
Beef Italian Macaroni Rosemary Carrots Cauliflower Wheat Bread Seasonal Fruit Milk Margarine	Chicken Salad Lettuce Tomato Coleslaw Wheat Bread (2 sl) Butterscotch Pudding Milk	Sliced Ham Black-eyed Peas Spinach Cornbread Muffin Fruited Gelatin Milk Margarine	Garlic Rosemary Chicken Poultry Gravy Corn Casserole Broccoli Wheat Bread Oatmeal Cookie Milk Margarine	~ Birthday Celebration ~ Beef Stew Country Potatoes Green Beans Texas Bread Birthday Cake Milk Margarine
30				
Beef Frank with Chili Potato Wedges Broccoli Hot Dog Bun Seasonal Fruit Milk Ketchup				 TRIO Community Meals Nourishment through compassionate care.

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