

National Diabetes Awareness Month

Diabetes Awareness Month

Diabetes Awareness Month aims to raise awareness for both Type 1 and Type 2 diabetes through education and advocacy. More than 100 million adults and children in the U.S. currently live with diabetes or prediabetes. The focus of this year's Diabetes Awareness Month is on the link between diabetes and cardiovascular disease.

In recognition of Diabetes Awareness Month November 1-30, 2023, America's Charities is celebrating the following members who are making a difference in the fight to end diabetes.

One of the most cost-efficient ways you can support these nonprofits is to donate to them via payroll deduction through your employer's workplace giving program (Don't have a program? [Click here](#) to have your employer contact our team.) Click on each charity's name below to learn more about their work, and to make a donation now!

November often blows in like a hurricane. Other times it lingers like the warmth of the sun. For many, the month fills us with gratitude. It represents family holidays, too. As warm and cozy as November seems to many, others consider the 11th month of the year to be somewhat bleary. But if you look closely, holidays like [National Cinnamon Day](#), [National Doughnut Day](#), National Spicy Hermit Cookie, [National Gingerbread Cookie Day](#), [National Red Mitten Day](#) and [National Homemade Bread Day](#) make November quite cozy. The word November is derived from the Latin *novem* meaning nine. On the Roman calendar, November was the 9th month of the year. Like October, Numa Pompilius moved November when January and February were added to more accurately reflect the length of a year on Earth. Along with September, this month makes the first rhyme in the poem we learn to help us remember the number of days in each month. "Thirty days hath September, April, June, and November."

HAPPY BIRTHDAY

November 1st – William (Buddy) Carter
November 13th – Rita Stephens
November 16th – Mary Adger
November 17th – Collier Parks



Thanksgiving 2024

November 28

Thanksgiving 2024 is a cherished American holiday that brings families and friends together to express gratitude, share a festive meal, and reflect on the blessings of the past year. It's a time for giving thanks for the abundance in our lives and celebrating the spirit of togetherness.

Some Facts To Know About Some of the November Holidays and Observances 2024

1. [Daylight Savings Time](#) ends on November 3, 2024, and is when we move our clocks back one hour, which means it gets light earlier each [morning](#) and dark earlier each night.
2. November is when men grow out their facial hair for the entire month of November to raise awareness for cancer.
3. Sadie Hawkins Day occurs on November 13 and is an American folk event and pseudo-holiday originated by Al Capp's classic hillbilly comic strip [L'il Abner](#) (1934–1978).
4. Native American Heritage Day (November 24) is when Indigenous people in America are given special honor with their cultures, accomplishments, contributions and heritage celebrated.
5. Veterans Day is celebrated on November 11 because it was on this day at 11:00 am that World War I ended in 1918.
6. The first Thanksgiving lasted for three days and was not proclaimed a holiday until 1777.

