




BCOA 2025 Bearkat Site Daily Activities Calendar

Operational Hours- M-TH 7:30-4:00p/Fri 7:30-2:30p.
 Cards, dominoes, puzzles & exercise equipment are available during working hours. We are always looking for volunteers! If you would like to see a specific activity added to our calendar, please call us at 318-741-8302 with your suggestions. Visit our website for additional information. Like us on Facebook! Bossier Council on Aging

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
2)	3) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Craft: Covered Easter Basket <u>or</u> Easter Egg	4) Site Closed for Mardi Gras 	5) 9:15 Bingocize 10:00 Coffee & Conversation – Meet The Candidates	6) 9:15 Chair Exercise by Nancy 10:15 Bingo by Passages Hospice	7) Site Lunch 11:30-12:00	8)
9)	10) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 St. Patrick's Day Trivia	11) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 1-2 Line Dancing	12) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Table Games in the Sunroom	13) 9:15 Chair Exercise by Nancy 10:15 Bingo by Brookdale	14) Site Lunch 11:30-12:00	15)
16)	17) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Craft: Easter Baskets	18) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Golden Oldies Music & Games	19) 9:15 Bingocize 10:15 NO YOGA TODAY 10:15 Birthday Party in the Sunroom	20) 9:15 Chair Exercise by Nancy 10:15 Bingo by Gables Assisted Living	21) Site Lunch 11:30-12:00	22)
23)	24) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Golden Handprint Craft	25) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Checkers/Dominos 10-12 St Luke's Medical Bus 1-2 Line Dancing	26) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Golden Oldies Music & Puzzles 11-3 Bunco Group	27) 9:15 Chair Exercise by Nancy 10:15 Bingo by Prime Star Home Health	28) Site Lunch 11:30-12:00	29)
30)	31) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Puzzles/Music in the Sunroom					