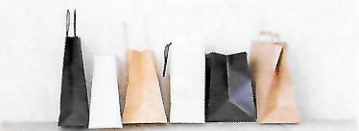







# BCOA 2024 Bearkat Site Daily Activities Calendar

**Operational Hours- M-TH 7:30-4:00p/Fri 7:30-2:30p.** Cards, dominoes, puzzles & exercise equipment are available during working hours. We are always looking for volunteers! If you would like to see a specific activity added to our calendar, please call us at 318-741-8302 with your suggestions. Visit our website for additional information. Like us on Facebook! Bossier Council on Aging

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
1) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Arts & Crafts in the Sunroom	2) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Arts & Crafts in the Sunroom	3) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Games/Puzzles/Cards in the Sunroom 12- 3 Pokeno	4) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Dominos in the Sunroom 11-3 Bunco Group	5) 9:15 Chair Exercise by Nancy 10:15 Bingo by Oak Street Health	6) <b>Lunch on Site</b> 11:30-12:00	7)
8)  9) 9:00-11:30 Christmas Store	9) 9:00-11:30 Christmas Store	10) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Games/Puzzles/Cards in the Sunroom	11) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Tea Party in the Sunroom	12) 9:15 Chair Exercise by Nancy 10:15 Bingo by Brookdale	13) <b>Lunch on Site</b> 11:30-12:00	14)
15) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Arts & Crafts in the Sunroom	16) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Arts & Crafts in the Sunroom	17) 9:15 Chair Exercise by Nancy 10:15 Bean Bag Baseball 10:15 Games/Puzzles/Cards 10-12 St Luke's Medical Bus	18) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Games/Puzzles/Cards	19) 9:15 Bingo by Passages Hospice 11:00 Christmas Celebration Lunch	20) <b>Lunch on Site</b> 11:30-12:00	21)
22) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Arts & Crafts in the Sunroom	23) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Arts & Crafts in the Sunroom	24) <b>Site Closed</b> MAY YOU NEVER BE TOO OLD TO SEARCH THE SKIES ON  Christmas Eve	25) <b>Site Closed</b> 	26) 9:15 Chair Exercise by Nancy 10:15 Bingo	27) <b>Lunch on Site</b> 11:30-12:00	28)
29) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Arts & Crafts in the Sunroom	30) 9:15 Bingocize 10:15 Chair Yoga with Sue 10:15 Arts & Crafts in the Sunroom	31) <b>Site Closed</b> 		<b><u>NOTE: IMPORTANT INFORMATION</u></b> Reservations must be made in advance of the current day using the Kiosk to ensure a meal is reserved for you.		