## Northwest Louisiana Consortium September 2024

| Monday   | Tuesday   | Wednesday  | Thursday  | Friday   |
|--|---|--|---|--|
| Closed for Holiday   | Shredded Barbecue Chicken Corn O'Brien Green Beans Hamburger Bun Orange Gelatin Milk                        | Sausage & Pinto Beans Steamed Rice Spinach Cranberry Juice Cornbread Muffin Banana Pudding w/Wafers Milk                             | Popcorn Chicken Roasted Sweet Potatoes Spring Vegetable Blend Wheat Bread Peanut Butter Cookie Milk Ketchup | Pork Roast Onion Gravy Hominy Broccoli Wheat Bread Fig Cookie Milk                                   |
|  |   | Margarine  |   | Margarine  |
| Country Fried Steak Country Gravy Whipped Potatoes Whole Kernel Corn Texas Bread Seasonal Fruit Milk Margarine | Glazed Ham Baked Sweet Potato Broccoli Wheat Bread Rocky Road Pudding Milk Margarine                        | Beef Patty Lettuce   Tomato Baked Beans Hamburger Bun Mixed Fruit Cobbler Milk Ketchup   | Barbecue Rib Patty Tater Tot Casserole Cabbage Cornbread Muffin Oatmeal Cookie Milk Margarine               | Smothered Meatballs Fiesta Vegetable Blend Cauliflower Dinner Roll Fudge Creme Cookie Milk Margarine |
| 16   | 17  |  |   |  |
| King Ranch Casserole Chuckwagon Corn Parslied Carrots Wheat Bread Seasonal Fruit Milk Margarine                | Ham & White Beans Steamed Rice Collard Greens Apple Juice Cornbread Muffin Pineapple Tidbits Milk Margarine | Sliced Turkey Breast Swiss Cheese Lettuce   Tomato   Pickle Coleslaw Wheat Bread Chocolate Coconut Pudding Milk Mayonnaise   Mustard | Sausage w/Onions/Peppers Ranch Beans Garden Vegetable Blend Hot Dog Bun Carnival Cookie Milk Mustard        | Beef Italiano Garlic Whipped Potatoes Green Peas Wheat Bread Graham Crackers Milk Margarine          |
| Roof Italian Manager   | 24  | 25   | 26  | 27   |
| Beef Italian Macaroni Rosemary Carrots Cauliflower Wheat Bread Seasonal Fruit Milk Margarine                   | Chicken Salad Lettuce   Tomato Coleslaw Wheat Bread (2 sl) Butterscotch Pudding Milk                        | Sliced Ham Black-eyed Peas Spinach Cornbread Muffin Fruited Gelatin Milk Margarine   | Garlic Rosemary Chicken Poultry Gravy Corn Casserole Broccoli Wheat Bread Oatmeal Cookie Milk Margarine     | ~ Birthday Celebration ~  Beef Stew Country Potatoes Green Beans Texas Bread Birthday Cake Milk      |
| Poof Frank with Chill  |   |  | Widigaline  | Margarine  |
| Beef Frank with Chili Potato Wedges Broccoli Hot Dog Bun Seasonal Fruit Milk Ketchup                           |   |  |   | TRIO Community Meals  Nourishment through compassionate care.  |

## Northwest Louisiana Consortium October 2024

| Monday                     |                         | MANAGER DESERVATION OF THE SECOND SEC |                                 |                            |
|----------------------------|-------------------------|--|---------------------------------|----------------------------|
| ivioliuay                  | Tuesday                 | Wednesday  | Thursday                        | Friday                     |
|                            | Taco Meat               | Chielean Comb  |                                 | 3                          |
|                            | Lettuce   Tomato        | Chicken Gumbo Buttered Rice  | Pork Roast w/Gravy              | Spaghetti w/Meat Sauce     |
|                            | Shredded Cheese         | Stewed Tomatoes  | Northern Beans                  | Glazed Carrots             |
|                            | Pinto Beans             | Cranberry Juice  | Collard Greens Cornbread Muffin | Cauliflower                |
|                            | Whole Kernel Corn       | Saltine Crackers   | Chocolate Chip Cookie           | Texas Bread                |
|                            | Tortilla Chips          | Mandarin Oranges   | Milk                            | Oatmeal Crème Cookie       |
|                            | Seasonal Fruit          | Milk   | Margarine                       | Milk<br>Margarine          |
|                            | Milk                    |  | G                               | Iviaigailile               |
|                            | Taco Sauce   Sour Cream |  |                                 |                            |
| Swiss Steak                | Sausage Jambalaya       | 9  | 10                              | 11                         |
| Au Gratin Potatoes         | Corn O'Brien            | Taco Meat  | Baked Chicken w/Gravy           | Ham and Lima Beans         |
| Green Beans w/Peppers      | Spinach                 | Lettuce   Tomato   | Garlic Whipped Potatoes         | Stewed Okra                |
| Wheat Bread                | Texas Bread             | Pinto Beans  | Herbed Green Peas               | Cabbage                    |
| Seasonal Fruit             | Pineapple Tidbits       | Corn Tortilla Mixed Fruit Cobbler  | Wheat Bread                     | Cornbread Muffin           |
| Milk                       | Milk                    | Milk   | Chocolate Chip Cookie           | Fudge Creme Cookie         |
| Margarine                  | Margarine               | Taco Sauce   Sour Cream  | Milk                            | Milk                       |
| 14                         | 15                      | 16   | Margarine                       | Margarine                  |
| Mongolian Chicken          | Beef Stew               | Sloppy Joe   | Pork Roast w/Gravy              | Tuscan Chicken Breast      |
| Steamed Rice               | Red Mashed Potatoes     | Oven Roasted Red Potatoes  | Black-eyed Peas                 | Rosemary Potatoes          |
| Japanese Vegetables        | Spring Vegetables       | Whole Kernel Corn  | Collard Greens                  | Brussels Sprouts           |
| Wheat Bread                | Wheat Bread             | Hamburger Bun  | Cornbread Muffin                | Wheat Bread                |
| Fortune Cookie Apple Juice | Seasonal Fruit          | Mandarin Oranges   | Carnival Cookie                 | Oatmeal Creme Cookie       |
| Milk                       | Milk                    | Milk   | Milk                            | Milk                       |
| Margarine                  | Margarine               |  | Margarine                       | Margarine                  |
| 21                         | 22                      | 20   |                                 |                            |
| Meatballs w/Marinara Sauce | Pork Fritter            | All Beef Patty   | Brunswick Stew                  | 25                         |
| Penne Pasta                | Country Gravy           | Lettuce   Tomato   | Chuckwagon Corn                 | ~Birthday Celebration~     |
| Green Beans                | Whipped Potatoes        | Baked Beans  | Stewed Tomatoes                 | Grandma's Chicken and Rice |
| Garlic Texas Bread         | Cabbage                 | Hamburger Bun  | Wheat Bread                     | Rosemary Carrots Broccoli  |
| Seasonal Fruit             | Wheat Bread             | Hot Spiced Fruit   | Sugar Cookie                    | Dinner Roll                |
| Cranberry Juice            | Chocolate Pudding       | Milk   | Milk                            | Birthday Cake              |
| Milk<br>Margarine          | Milk                    | Ketchup  | Margarine                       | Milk                       |
| 28                         | Margarine               |  |                                 | Margarine                  |
| Chicken Cacciatore         | Smoked Sausage          | Total Tat Care I   | 31                              |                            |
| Egg Noodles                | Red Kidney Beans        | Tater Tot Casserole  | ~Halloween Meal~                |                            |
| Mixed Vegetables           | Summer Vegetables       | Whole Kernel Corn Parslied Carrots   | Home Style Meatloaf             |                            |
| Garlic Texas Bread         | Hot Dog Bun             | Wheat Bread  | Brown Gravy Whinped Betatage    | TRIO                       |
| Seasonal Fruit             | Pineapple Tidbits       | Cherry Gelatin   | Whipped Potatoes Cabbage        |                            |
| Apple Juice                | Milk                    | Milk   | Dinner Roll                     | Community Meals            |
| Milk                       | Mustard                 |  | Carnival Cookie                 | Nourishment through        |
|                            |                         |  | Milk                            | compassionate care.        |
|                            |                         |  | Margarine                       |                            |

Lin Dommest RD, LD

## Northwest Louisiana Consortium November 2024

| Manda                                   |                                 |                         | - Carrier - Arriva   | The state of   |
|---|---------------------------------|-------------------------|--|--|
| Monday                                  | Tuesday                         | Wednesday               | Thursday   | Friday   |
|   |                                 |                         |  |  |
| TDIO                                    |                                 |                         |  | Picante Chicken  |
| TRIO                                    |                                 |                         |  | Charro Beans   |
| Community Meals                         |                                 |                         |  | Fiesta Vegetables  |
| ****                                    |                                 |                         |  | Flour Tortilla   |
| Nourishment through compassionate care. |                                 |                         |  | Graham Crackers  |
|   |                                 |                         |  | Milk   |
| Chieles 9 C                             |                                 | 6                       | 7  |  |
| Chicken & Sausage Gumbo                 | Ham and Northern Beans          | Shredded BBQ Chicken    | Pork Roast w/Gravy   | Beef Spaghetti Sauce   |
| Buttered Rice                           | Steamed Rice                    | Tater Gems              | Whipped Potatoes   | Spaghetti Noodles  |
| Parslied Carrots                        | Spinach                         | Pinto Beans             | Turnip Greens  | Green Beans  |
| Saltine Crackers                        | Cornbread Muffin                | Wheat Hamburger Bun     | Cornbread Muffin   | 2.200mmtesacentesacentesacentesacentesacentesacentesacentesacentesacentesacentesacentesacentesacentesacentesac |
| Seasonal Fruit                          | Lemon Gelatin                   | Mandarin Oranges        | Chocolate Chip Cookie  | Garden Vegetables  |
| Fruit Juice Blend                       | Cranberry Juice                 | Milk                    | Milk   | Wheat Bread  |
| Milk                                    | Milk                            | Ketchup                 | AND THE PARTY OF T | Rice Krispie Treat   |
|   | Margarine                       | ctonap                  | Margarine  | Milk   |
| 11                                      | 12                              | 12                      |  | Margarine  |
| emon Pepper Chicken Breast              | Beef Frank                      | Beef Chili w/Beans      | DDO Doorly Dily David  |  |
| Country Potatoes                        | Baked Beans                     |                         | BBQ Pork Rib Patty   | Parmesan Chicken   |
| Herbed Green Peas                       | Glazed Carrots                  | Spanish Rice            | Whole Kernel Corn  | Delmonico Potatoes   |
| Wheat Bread                             | Hot Dog Bun                     | Fiesta Vegetables       | Brussels Sprouts   | Herbed Green Beans   |
| Seasonal Fruit                          | Mixed Fruit                     | Cranberry Juice         | Hamburger Bun  | Wheat Bread  |
| Milk                                    | Milk                            | Corn Chips              | Peanut Butter Cookie   | Fig Cookie   |
| Margarine                               | Mustard                         | Banana Pudding w/Wafers | Milk   | Milk   |
|   | iviustaru                       | Milk                    |  | Margarine  |
| 18                                      | 10                              | Margarine               |  |  |
| Swiss Steak                             | Sausago lambalava               | 20                      | 21   | 2  |
| Au Gratin Potatoes                      | Sausage Jambalaya  Corn O'Brien | Taco Meat               | Baked Chicken w/Gravy  | ~Birthday Celebration~   |
| Green Beans w/Peppers                   | A27 St. 38                      | Lettuce   Tomato        | Garlic Whipped Potatoes  | Ham and Lima Beans   |
| Wheat Bread                             | Spinach                         | Pinto Beans             | Herbed Green Peas  | Stewed Okra  |
| Seasonal Fruit                          | Texas Bread                     | Corn Tortilla           | Wheat Bread  | Cabbage  |
| Milk                                    | Pineapple Tidbits               | Mixed Fruit Cobbler     | Chocolate Chip Cookie  | Cornbread Muffin   |
| Margarine                               | Milk                            | Milk                    | Milk   | Birthday Cake  |
| iviaigaime                              | Margarine                       | Taco Sauce   Sour Cream | Margarine  | Milk   |
|   |                                 |                         |  | Margarine  |
| Mongolian Chieken                       | 26                              | 27                      | 28   | 29   |
| Mongolian Chicken                       | Beef Stew                       | ~Thanksgiving Meal~     |  |  |
| Steamed Rice                            | Red Mashed Potatoes             | Turkey w/Gravy          |  |  |
| Japanese Vegetables                     | Spring Vegetables               | Whipped Sweet Potatoes  | Closed for Holiday   | Closed for Holiday   |
| Wheat Bread                             | Wheat Bread                     | Green Beans w/Peppers   |  | - Joi Honday   |
| Fortune Cookie                          | Seasonal Fruit                  | Dinner Roll             |  |  |
| Apple Juice                             | Milk                            | Pumpkin Bar             |  |  |
| Milk                                    | Margarine                       | Milk                    |  |  |
| Margarine                               |                                 | Cranberry Sauce         |  |  |
|   |                                 | Margarine               |  |  |

Kim Dommest RD, LD

## Northwest Louisiana Consortium December 2024

| Monday                      | Tuesday                | Wednesday            | Thursday               | Friday                                  |
|-----------------------------|------------------------|----------------------|------------------------|---|
| Meatballs w/Marinara Sauce  | David Friday           |                      |                        |   |
| Penne Pasta                 | · or will recor        | All Beef Patty       | Brunswick Stew         | Grandma's Chicken and Rice              |
| Green Beans                 | Country Gravy          | Lettuce   Tomato     | Chuckwagon Corn        | Rosemary Carrots                        |
| Garlic Texas Bread          | Whipped Potatoes       | Baked Beans          | Stewed Tomatoes        | Broccoli                                |
| Seasonal Fruit              | Cabbage                | Hamburger Bun        | Wheat Bread            | Dinner Roll                             |
| Cranberry Juice             | Wheat Bread            | Hot Spiced Fruit     | Sugar Cookie           | Fig Cookie                              |
| Milk                        | Chocolate Pudding      | Milk                 | Milk                   | Milk                                    |
|                             | Milk                   | Ketchup              | Margarine              | Margarine                               |
| Margarine                   | Margarine              |                      |                        | ivialgarine                             |
| Chickon Cassistan           | 10                     | 11                   | 12                     |   |
| Chicken Cacciatore          | Smoked Sausage         | Tater Tot Casserole  | Glazed Ham             | Picante Chicken                         |
| Egg Noodles                 | Red Kidney Beans       | Whole Kernel Corn    | Whipped Sweet Potatoes | Charro Beans                            |
| Mixed Vegetables            | Summer Vegetables      | Parslied Carrots     | Creole Cabbage         |   |
| Garlic Texas Bread          | Hot Dog Bun            | Wheat Bread          | Wheat Bread            | Fiesta Vegetables<br>Flour Tortilla     |
| Seasonal Fruit              | Pineapple Tidbits      | Cherry Gelatin       | Carnival Cookie        |   |
| Apple Juice                 | Milk                   | Milk                 | Milk                   | Graham Crackers                         |
| Milk                        | Mustard                |                      | Margarine              | Milk                                    |
| 16                          | 17                     | 18                   | 10                     |   |
| Chicken & Sausage Gumbo     | Ham and Northern Beans | Shredded BBQ Chicken | ~Christmas Meal~       | Poof Speak etti Ce                      |
| Buttered Rice               | Steamed Rice           | Tater Gems           | Pork Roast w/Gravy     | Beef Spaghetti Sauce                    |
| Parslied Carrots            | Spinach                | Pinto Beans          | Whipped Potatoes       | Spaghetti Noodles                       |
| Saltine Crackers            | Cornbread Muffin       | Wheat Hamburger Bun  | Winter Vegetables      | Green Beans                             |
| Seasonal Fruit              | Lemon Gelatin          | Mandarin Oranges     | Dinner Roll            | Garden Vegetables                       |
| Fruit Juice Blend           | Cranberry Juice        | Milk                 | Chocolate Chip Cookie  | Wheat Bread                             |
| Milk                        | Milk                   | Ketchup              | Milk                   | Rice Krispie Treat                      |
|                             | Margarine              |                      | Margarine              | Milk                                    |
| 23                          | 24                     | 25                   | iviaigaine             | Margarine                               |
| Lemon Pepper Chicken Breast | Beef Frank             |                      | ~New Year's Meal~      | 27                                      |
| Country Potatoes            | Baked Beans            |                      | Sliced Ham             | ~Birthday Celebration~                  |
| Herbed Green Peas           | Glazed Carrots         | Closed for Holiday   | Red Eye Gravy          | Parmesan Chicken                        |
| Wheat Bread                 | Hot Dog Bun            | and any and any      | Black-eyed Peas        | Delmonico Potatoes                      |
| Seasonal Fruit              | Mixed Fruit            |                      | Cabbage                | Herbed Green Beans                      |
| Milk                        | Milk                   |                      | Cornbread Muffin       | Wheat Bread                             |
| Margarine                   | Mustard                |                      |                        | Birthday Cake                           |
|                             |                        |                      | Peanut Butter Cookie   | Milk                                    |
|                             | (DeSoto Open)          |                      | Milk                   | Margarine                               |
| 30                          | 31                     |                      | Margarine              |   |
| Swiss Steak                 |                        |                      |                        |   |
| Au Gratin Potatoes          |                        |                      |                        |   |
| Green Beans w/Peppers       | Closed for Holiday     |                      |                        | TDIO                                    |
| Wheat Bread                 |                        |                      |                        | KIU                                     |
| Seasonal Fruit              |                        |                      |                        | Community Meals                         |
| Milk                        |                        |                      |                        |   |
| Margarine                   |                        |                      |                        | Nourishment through compassionate care. |
|                             |                        |                      |                        | compossionate tare.                     |

Lin Donnert RD, LD