



BOSSIER
Council on Aging

Senior Link

Volume IV - First Quarter 2019

Check out our website at www.bossiercoa.org for menus, activity calendars, service listings and upcoming trip details. Please like us on Facebook @ Bossier Council on Aging. Do you shop on Amazon? Are you linked with Amazon Smile? If so, choose Bossier Council on Aging as your charitable organization. The Amazon Smile Foundation will donate 0.5% your purchase price to us! Don't forget about our endowment with the Community Foundation. You can set-up planned giving, paycheck donations & even support for us via their website.



Cooking with Carolyn

Sausage Balls

Directions:

Mix all ingredients until well combined. Roll into 1-inch balls and bake at 400 degrees for 20-25 minutes, or until brown.

Makes yummy snacks!

Remember, if you have a favorite recipe you would like to submit, contact me at 706 Bearkat Dr., Bossier City LA 71111 or by email: CSegelhorst@bossiercoa.org

- ❖ 1 lb. sausage - uncooked
- ❖ 8 oz. cream cheese - softened
- ❖ 1-1/4 c Bisquick
- ❖ 4 oz. shredded cheddar cheese

Volunteer Opportunities

- *Bingo Callers at each site (call for day and time)
- *Helpers during Arts and Crafts time
- *Landscaping/Purple Martin House Repair
- *Meals on Wheels delivery

Items Available For Seniors In Need (with current Caregiver Assessment on file):

Bathtub Handles, Raised Toilet Seat, Wheel Chair Cushions, Incontinence Supplies (diapers, pads and pull-ups...sizes vary) and Walkers (subject to availability). **Note:** The Bossier City Fire Dept. is offering **FREE** smoke alarms to seniors that do not have them. These are "lifesaving."

Telephone Reassurance program provided by Bossier Parish Sheriff's Dept. It is one phone call per week to check on home bound seniors. Call 318-965-3500 for more information.

UPCOMING SPECIAL EVENTS

Easter Pot Luck

Bring Your Favorite Dish! Thursday, April 18, 2019
The fun begins at 9:30 am, with lunch served at 11:30am - 706 Bearkat Drive, Bossier City, LA 71111

Mardi Gras

It's once again Mardi Gras Time! Join us as we usher in our annual celebration, featuring fun and frivolity with the "Krewe of Elders" Wednesday, February 20, 2019 beginning at 10:00, 706 Bearkat Drive, Bossier City, LA. 71111 Be sure and wear your costume!

Style Show

Thursday, May 2, 2019 at 11:30am at Hilton Garden Inn, Bossier City. Per person and table sponsorships available. For ticket information and purchase call 318-741-8302, or come by the Bossier Council on Aging office at 706 Bearkat Drive, Bossier City, LA 71111.

SPECIAL "THANK YOU" TO OUR RECENT DONORS

Haywood Woods
Shreveport Bossier Disabled American Veterans
United Way

AARP - Defensive Driving Information

Classes for Defensive Driving will be held at Bossier Council on Aging, on February 13, March 20 and April 17, 2019. In the interim, AARP offers a toll free line to locate scheduled Defensive Driving Classes in our area, at 1-877-846-3299 - Simply enter your zip code when prompted then listen to where classes are scheduled. You may also take the class on line by visiting: www.aarp.com

"Coffee And Conversation"



Every Friday 10:30 to 11:15a
Various Speakers Presentations
Come enjoy with us a great cup of coffee and stimulating conversation!

"DATES TO REMEMBER"

Bearkat site: Every Tuesday: Grocery Shopping Zip Code 71111;
Every Thursda : Grocery Shopping Zip Code 71112
3rd Thursday: Barksdale BX
Benton site: 1st & 3rd Friday: Grocery shopping
Plain Dealing site: 1st Friday: Grocery shopping

Upcoming Closures:

Thursday, April 18, 2018 Close early at 2:30
Friday, April 19, 2019 Easter closure
No services provided on these dates.
REMINDER, Should Bossier parish school system close for inclement weather, our sites will also be closed.